

Red Raider Newsletter

VOLUME 1 ISSUE 3

RED RAIDER BASKETBALL

NEWSLETTER DATE

JANUARY 27, 2010

Cage Club Tournament Results

5th Grade team placed 2nd

W—EC Rebels 33 – 28: W—EC Hoyas 44-21 W—Marshfield 32-24 L—Oshkosh N. 51-26

6th Grade White team placed 4th

L—SP 71-18 W—Marshfield 25-23 L—WR Red 60-27 L—Pittsville

6th Grade Red team placed 2nd

W—Pittsville 41-25 W—Auburdale 46-28 W—WR white 60-27 L—SP 67-20

7th Grade Red team placed 2nd

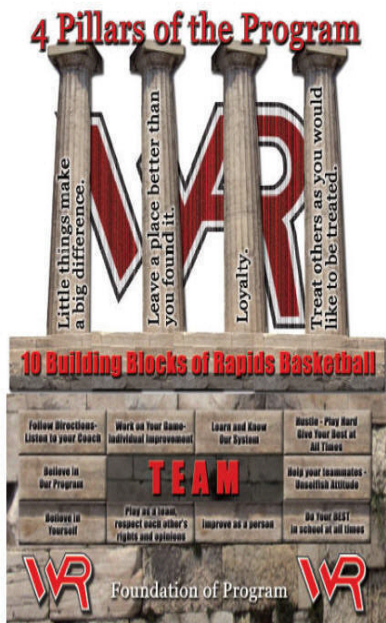
W—SP 37-23 W—Suns 43-33 W—Bay Port 38-24 W—Neenah 53-17
L—Oshkosh N. 45-40

7th Grade White team placed 9th

L—Everest 40-19 L—EC Rebels 44-19 L—Oshkosh N. 52-22 L—Stoughton 39-20
W—Neenah 41-23

8th Grade team

W—Neenah White 31-27 L—Pleasant Prairie 49-25 L—Eau Claire Rebels 56-24
L—Kaukauna 52-29



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Rapids Cage Club Finding Success



Congratulations to the 5th grade team for their 1st place finish at Neillsville on January 30, 2010!



Congratulations to the 4th grade team for their 1st place finish at Wisconsin Rapids on February 6, 2010!





Coaches Corner



Head Coach
Dan Witter

At the time of this newsletter we have finished our regular season with a record of 9-13—5-7 in conference. This is not where we wanted to be, but I think we have learned a lot during the season and we hope it carries over into our post season. We received a 6 seed and play a home game at Tuesday, March 2nd at 7:00 against a much improved Hortonville team.

Even though we have had an up and down season I believe if our offense improves we could have a great playoff run.

Thanks to all of the fans that have supported us all season and continue to support us through the playoffs.

~Coach Witter~

Visit us at: <http://www.lhshoops.org/> or www.wrbb.org

Email Coach Witter: dan.witter@wrps.org

*“Individual Commitment to a group effort— That is what makes a team work, a company work, a society work, a civilization work.”
~Vince Lombardi~*



JV Head Coach
Tom Nolan

Our JV team is currently 5-12 over-all and 2-7 in conference. We are still looking for someone to step up and make baskets on a consistent basis for our team. We have been averaging just 38 points per game the last five games. Our defensive consistency and our ability to make shots are two things we are working at improving every day in practice. Even though we may not have the best record I am enjoying working with these young men and look forward to the remaining three games we have left.





Meet the Players



Cort Halbur - Sophomore

Favorite Food: Honey BBQ Baby back ribs

Favorite Movie: 2012

Favorite Non Athlete: Megan Fox

Favorite Athlete: Ryan Braun

Pregame Ritual: Listen to music



Jacob Paitel - Sophomore

Favorite Band: Linkin Park

Favorite Movie: The Hurt Locker

Favorite Subject: Math

Favorite Person: ME

Favorite TV Show: That 70's Show



Kevin Dykstra - Sophomore

Favorite Food: Pizza

Favorite Type of Music: Rock

Favorite Subject: History

Favorite Athlete: Desean Jackson

Favorite Band: Thousand Foot Krutch





Meet the Players



Jake Bassuener - Junior

Favorite Food: **Pizza**

Favorite Movie: **Breakfast Club**

Favorite TV Show: **Family Guy**

Favorite Subject: **History**

Pregame Ritual: **Rocky Rococos**



Dylan Lubeck - Junior

Favorite Food: **Chicken Fettuccini Alfredo**

Favorite Movie: **The Illusionist**

Favorite Subject: **Spanish**

Favorite Athlete: **Dwayne Wade**

Favorite Non Athlete: **Chuck Norris, a.k.a - Walker Texas Ranger**



Tim Quick - Junior

Favorite Food: **Chinese**

Favorite Type of Music: **Rap**

Favorite Subject: **History**

Favorite Athlete: **Michael Strahan**

Favorite Non Athlete: **Hayden Panettiere**



Future Raiders

4th Grade Cage Club Roster

Zachary Langemeier

Noah Gerdes

Jacob Sullivan

Zachary Wendt

Isaiah Westfall

Joseph Berger

Chasten Vruwink

Joe Grundhoffer

Drake Biolo



COACH: Curtis Langemeier and Brian Wendt

5th Grade Cage Club Roster

Conner Lilly

Victor Barcenas

Benjamin Olson

Adam Vincent

Brennen Haumschild

Dylan Bassuener

Josh Beyer

Zachary Hodgson

Philip Flory

Brett Hanson



COACH: Craig Bassuener and Mike Flory



Hold the Rope

Every year a college team wins the NCAA title. Every year an ASA team wins Nationals. Every year the best high school team in each Division wins the state crown. All of these team have one thing in common, and contrary to popular belief, gifted, talented, athletes is not the answer. No matter how tough it became through their season, they did one thing ... they held the rope.

What is holding the rope? Imagine you are hanging off the side of a cliff with a drop of 20,000 feet. The only thing between you and a fall to death is a rope, with the person of your choice at the other end. Who do you know that has the guts to pull you to safety? Who will hold the rope?

If you can name two people that's not good enough because those two people might not be around. The next time your team is together, look around and ask yourself, who could I trust to hold the rope? The look at yourself and ask the same question - who would I hold the rope for? When you can look at every member on your team and say to yourself that they all would hold the rope, including yourself, you are destined to win a lot of ball games.

You don't have to be the best team on the field to win the game. I know, I have had two teams that were not the most talented but believed in the rope. Those were two Women's College World Series teams.

No matter what sport you play, in order to win, you have a commitment to your team. If you are supposed to run sprints at the end of practice, do it well. If you have to practice, do it, don't just go through the motions because you are then wasting everyone's time. Once you start letting up at practice or start missing your workouts, you've killed the team because you didn't hold the rope. When you need to take your own time to eat right, sleep well and/or rehab, do it so you can hold the rope when your team needs you. Remember this is a team sport, everyone must be hold the fibers.

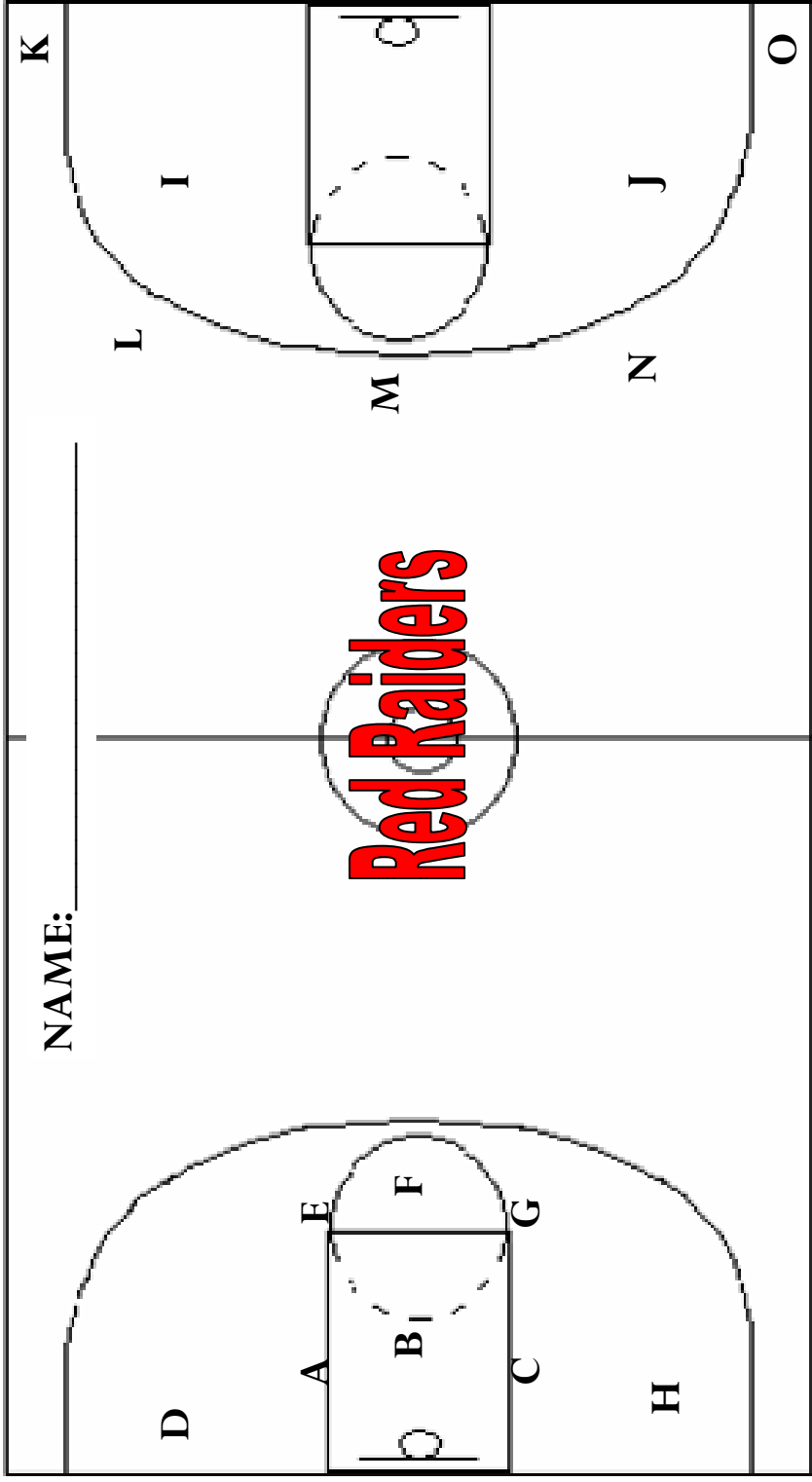
Yvette Gironard, Head Coach
University of South Louisiana
Fast-Pitch Coach

Tracking Progress

When players chart their progress they get a visual representation of the growth that they have made as a player. This information can be a Positive motivator if they make noticeable improvement and know that what they are doing is making them better. It can also be a Negative motivator when the player sees that they have not made the strides they thought they would have and that maybe they need to work even harder at their game to reach the level they want to be at. Either way the numbers don't lie and the player has a form of assessment that is unbiased. The chart below has 14 spots that can be scored (with younger players NOT using the 3 point shots). Progress should not be charted daily, but instead maybe once a month or so to give an accurate portrayal of where you may be at and the strides you have made.



NAME: _____



Spot	Shot Att.	Shots Made	Percentage
A			
B			
C			
D			
E			
F			
G			

Spot	Shot Att.	Shots Made	Percentage
H			
I			
J			
K			
L			
M			
N			



Program Objectives

- Promote the philosophy, values, and vision of the entire Wisconsin Rapids boys basketball program.
- Compete at the highest level possible in order to challenge players to reach their full potential.
- Develop sportsmanship and teamwork to promote positive attitudes both on and off the court.
- Encourage fun and enjoyment of the game.

Remaining Schedule

Tuesday,, March 2nd @ 7:00

Hortonville @ Wisconsin Rapids

**Check out our
Webpages**

www.wrbb.org/

and

www.lhshoops.org

